$d \rho, d \phi$, and $d z$, and so derive the expressions (11.169) for the orthonormal basis vectors $\hat{\boldsymbol{\rho}}, \hat{\boldsymbol{\phi}}$, and $\hat{\boldsymbol{z}}$.
11.14 Similarly, derive (11.175) from (11.174).
11.15 Use the definition (11.191) to show that in flat 3-space, the dual of the Hodge dual is the identity: $* * d x^{i}=d x^{i}$ and $* *\left(d x^{i} \wedge d x^{k}\right)=d x^{i} \wedge d x^{k}$.
11.16 Use the definition of the Hodge star (11.202) to derive (a) two of the four identities (11.203) and (b) the other two.
11.17 Show that Levi-Civita's 4 -symbol obeys the identity (11.207).
11.18 Show that $\epsilon_{\ell m n} \epsilon^{p m n}=2 \delta_{\ell}^{p}$.
11.19 Show that $\epsilon_{k \ell m n} \epsilon^{p \ell m n}=3!\delta_{k}^{p}$.
11.20 Using the formulas (11.175) for the basis vectors of spherical coordinates in terms of those of rectangular coordinates, compute the derivatives of the unit vectors $\hat{\boldsymbol{r}}, \hat{\boldsymbol{\theta}}$, and $\hat{\boldsymbol{\phi}}$ with respect to the variables $r$, $\theta$, and $\phi$. Your formulas should express these derivatives in terms of the basis vectors $\hat{\boldsymbol{r}}, \hat{\boldsymbol{\theta}}$, and $\hat{\boldsymbol{\phi}}$. (b) Using the formulas of (a) and our expression (6.28) for the gradient in spherical coordinates, derive the formula (11.297) for the laplacian $\boldsymbol{\nabla} \cdot \boldsymbol{\nabla}$.
11.21 Consider the torus with coordinates $\theta, \phi$ labeling the arbitrary point

$$
\begin{equation*}
\boldsymbol{p}=(\cos \phi(R+r \sin \theta), \sin \phi(R+r \sin \theta), r \cos \theta) \tag{11.505}
\end{equation*}
$$

in which $R>r$. Both $\theta$ and $\phi$ run from 0 to $2 \pi$. (a) Find the basis vectors $e_{\theta}$ and $e_{\phi}$. (b) Find the metric tensor and its inverse.
11.22 For the same torus, (a) find the dual vectors $e^{\theta}$ and $e^{\phi}$ and (b) find the nonzero connections $\Gamma_{j k}^{i}$ where $i, j, \& k$ take the values $\theta \& \phi$.
11.23 For the same torus, (a) find the two Christoffel matrices $\Gamma_{\theta}$ and $\Gamma_{\phi}$, (b) find their commutator [ $\Gamma_{\theta}, \Gamma_{\phi}$ ], and (c) find the elements $R_{\theta \theta \theta}^{\theta}, R_{\theta \phi \theta}^{\phi}$, $R_{\phi \theta \phi}^{\theta}$, and $R_{\phi \phi \phi}^{\phi}$ of the curvature tensor.
11.24 Find the curvature scalar $R$ of the torus with points (11.505). Hint: In these four problems, you may imitate the corresponding calculation for the sphere in Sec. 11.42.
11.25 By differentiating the identity $g^{i k} g_{k \ell}=\delta_{\ell}^{i}$, show that $\delta g^{i k}=-$ $g^{i s} g^{k t} \delta g_{s t}$ or equivalently that $d g^{i k}=-g^{i s} g^{k t} d g_{s t}$.
11.26 Just to get an idea of the sizes involved in black holes, imagine an isolated sphere of matter of uniform density $\rho$ that as an initial condition is all at rest within a radius $r_{b}$. Its radius will be less than its Schwarzschild radius if

$$
\begin{equation*}
r_{b}<\frac{2 M G}{c^{2}}=2\left(\frac{4}{3} \pi r_{b}^{3} \rho\right) \frac{G}{c^{2}} . \tag{11.506}
\end{equation*}
$$

If the density $\rho$ is that of water under standard conditions (1 gram per
cc ), for what range of radii $r_{b}$ might the sphere be or become a black hole? Same question if $\rho$ is the density of dark energy.
11.27 For the points (11.392), derive the metric (11.395) with $k=1$. Don't forget to relate $d \chi$ to $d r$.
11.28 For the points (11.393), derive the metric (11.395) with $k=0$.
11.29 For the points (11.394), derive the metric (11.395) with $k=-1$. Don't forget to relate $d \chi$ to $d r$.
11.30 Suppose the constant $k$ in the Roberson-Walker metric (11.391 or 11.395 ) is some number other than 0 or $\pm 1$. Find a coordinate transformation such that in the new coordinates, the Roberson-Walker metric has $k=k /|k|= \pm 1$. Hint: You also can change the scale factor $a$.
11.31 Derive the affine connections in Eq.(11.399).
11.32 Derive the affine connections in Eq.(11.400).
11.33 Derive the affine connections in Eq.(11.401).
11.34 Derive the spatial Einstein equation (11.411) from (11.375, 11.395, $11.406,11.408, \& 11.409)$.
11.35 Assume there had been no inflation, no era of radiation, and no dark energy. In this case, the magnitude of the difference $|\Omega-1|$ would have increased as $t^{2 / 3}$ over the past 13.8 billion years. Show explicitly how close to unity $\Omega$ would have had to have been at $t=1 \mathrm{~s}$ so as to satisfy the observational constraint $\left|\Omega_{0}-1\right|<0.036$ on the present value of $\Omega$.
11.36 Derive the relation (11.431) between the energy density $\rho$ and the Robertson-Walker scale factor $a(t)$ from the conservation law (11.427) and the equation of state $p=w \rho$.
11.37 Use the Friedmann equations (11.410 \& 11.412) for constant $\rho=-p$ and $k=1$ to derive (11.438) subject to the boundary condition that $a(t)$ has its minimum at $t=0$.
11.38 Use the Friedmann equations (11.410\& 11.412) with $w=-1, \rho$ constant, and $k=-1$ to derive (11.439) subject to the boundary condition that $a(0)=0$.
11.39 Use the Friedmann equations (11.410\& 11.412) with $w=-1, \rho$ constant, and $k=0$ to derive (11.440). Show why a linear combination of the two solutions (11.440) does not work.
11.40 Use the conservation equation (11.444) and the Friedmann equations (11.410 \& 11.412) with $w=1 / 3, k=0$, and $a(0)=0$ to derive (11.447).
11.41 Show that if the matrix $U(x)$ is nonsingular, then

$$
\begin{equation*}
\left(\partial_{i} U\right) U^{-1}=-U \partial_{i} U^{-1} \tag{11.507}
\end{equation*}
$$

11.42 The gauge-field matrix is a linear combination $A_{k}=-i g t^{b} A_{k}^{b}$ of the

