1 Language

1.1 Speech

Our ancestors evolved into their present anatomical form some 200,000 years ago. Some 150,000 years later, or 50,000 years ago, they learned to talk to each other.

Children learn their native language without going to school. They learn by listening to other people talk. Talking face to face is a natural human activity.

Noam Chomsky (linguistics.mit.edu/user/chomsky) created modern linguistics and used language to study consciousness.

1.2 Writing

Reading and writing were invented more recently, probably between 6,000 and 5,000 years ago, possibly in Mesopotamia, now Iraq. Reading is a skill learned at home or in school. It is not a natural act like talking with another person face to face. So writers should make reading as easy as possible.

In Politics and the English Language, George Orwell (1984, Animal Farm, Homage to Catalonia, ...) gave us six rules for writing English:

1. Never use a metaphor, simile, or other figure of speech which you are used to seeing in print.
2. Never use a long word where a short one will do.
3. If it is possible to cut a word out, always cut it out.
4. Never use the passive where you can use the active.
5. Never use a foreign phrase, a scientific word, or a jargon word if you can think of an everyday English equivalent.
6. Break any of these rules sooner than say anything outright barbarous.
If you follow Orwell’s rules, your writing will be easier to read. It will be *tight* and free of extra words and phrases that distract the reader.

Orwell’s rules also make writing easier. When you are about to write a sentence, you probably think of several choices for its words and phrases. Instead of agonizing over the merits of each choice, you can use Orwell’s rules to winnow the list of alternatives down, often to a unique choice.

1.3 A higher level

There is a higher level of writing, but I don’t have anything much to tell you about that. You can read articles and books by some of the best writers, such as Sidney Coleman, Freeman Dyson, Richard Feynman, Roy Glauber, Steven Weinberg, Edward Witten, and Anthony Zee in the field of physics, Linus Pauling in chemistry, and the several authors of the book *Molecular Biology of the Cell*. And it would not hurt to read Hemingway, Churchill, Tom Wolfe, F. Scott Fitzgerald, Oscar Wilde, James Joyce, Tolstoy, . . . .

Orwell’s rules aren’t a recipe for great writing, but violating them can ruin a good story.

1.4 Know your audience

When talking with a friend of yours, you have some idea of what he or she knows and wants to learn from you. The exchange of information in both directions is immediate and effective. When face to face with someone new, you quickly see how the person reacts to what you say. You find out what background is needed and how fast to explain the physics.

But when giving a talk to a group of people you have less feedback and when writing a paper, you have none. So you somehow must learn something about your audience before you prepare your talk and before you write your paper.

If you are giving a talk to a small research group of which you are a member, then you have a good idea what they know, and you can focus on explaining your new results in terms of what you know they know.

But if you are giving a talk to a large audience or are writing an article for an international journal, then you must explain much more.

1.5 Explaining the physics

One way of communicating with a large audience of strangers is to explain the physics from scratch using only the concepts that you are sure they
are familiar with. You should explain new ideas and results in terms of the concepts they already know. If you follow Orwell’s rules, you will be able to explain the new terms and new ideas succinctly and efficiently.

The key task is to explain the new physics in ways that make it easy for your audience to learn it.

1.6 The ideal talk, the ideal paper

A second reason to know your audience is to find out what they want to learn. If you know your audience, you may know that they want to understand something that you understand. If you explain that to them clearly, they will love you.

1.7 Some tips

Vary the lengths of your sentences. A very short sentence can have a big impact on the reader, especially if it follows a few longer ones.

Use a speller. But if the word is technical, google it.

Use correct grammar. Mistakes distract readers and annoy listeners. Grammatical errors also can lower the level of trust your audience has in you. You can use Google to answer most questions about grammar.
## 2.1 Latin and Greek

One of Orwell’s six rules is to avoid using “a foreign phrase, a scientific word, or a jargon word if you can think of an everyday English equivalent.” But sometimes you may need to use a word that the English language has borrowed from Latin or Greek. Don’t confuse the singular and plural forms. When in doubt, google the foreign word.

Here are some borrowings from Greek listed with the singular form followed first by the Greek plural when available and then by the English plural when available:

<table>
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2.2 Irregular verbs

Here are some borrowings from Latin listed with the singular followed first by the Latin plural when available and then by the English plural when available:

Languages evolve. Meanings change. The rates of change are high for Latin and Greek words and for irregular verbs. Thus in modern English the Latin pair *agendum, agenda* has morphed into the singular word *agenda* meaning a list of things to do. The Latin plural *trivia* is often used in English, but its singular form *trivium* is archaic. The Latin pair *minutia, minutiae* is so often misused that you will be misunderstood if you use it correctly.

Pronunciations also change. Italians pronounce Latin plurals ending in *-ae* so that they rhyme with *May* and *day*. Yet in modern English these words rhyme either with *me* or *I*. Italians pronounce Latin better than we do. These Latin words whose singular forms end in *-a* have English plurals that simply add an *s*, for example, *formula, formulas*. One can avoid confusion by using the unpretentious English plurals *alumnas, formulas, novas, vertebras, supernovas, . . .*

One of the rules of English grammar is that adjectives always are singular; we say “tall trees,” not “talls trees.” Using the simple English pairs *formula, formulas, supernova, supernovas, . . .* one naturally respects this rule. People who use Latin plurals sometimes use *supernovae* as an adjective, forgetting that they should use *supernova* instead.

Avoid Latin and Greek whenever you can.

2.2 Irregular verbs

Languages evolve. Usage changes over periods as short as a few years. I like informal speech such as, “Me and him went fishing.” Such usage may become standard in 100 years.

But one should avoid rapidly changing usage and outright grammatical mistakes when writing a physics article or talking giving a talk about physics.

The irregular English verbs are slowly changing, so in formal writing and speaking one should either avoid irregular verbs or use them correctly.
Caucus probably is Algonquian, octopus is Latinized Greek, and the Latin word virus, which means poison, is a mass noun like oxygen or sunlight with no Latin plural.
### Irregular verbs

Table 2.3 *Irregular English verbs*

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Chapter 3

Examples of mediocre writing and how to fix them

Raw text:

The goal of this chapter is to develop a sense of the kinds of quantitative data that are being obtained in all fields of biology and the models that must be put forth to greet this data. Like with any useful map, we will argue that any good model has to overlook some of the full complexity and detail of a given biological problem in order to generate an abstraction that is simple enough to be easily grasped by the human mind, as an aid to developing intuition and insight. At the same time, it is critical that useful models make meaningful predictions, so they must include at least some of the realistic details of the biological system. The art of model building lies in striking the proper balance between too little detail and too much. Part of our emphasis on model building centers on the role of having a feeling for the numbers: sizes, shapes, times, and energies associated with biological processes. Here we introduce the style of making numerical estimates that will be used throughout the book.

A first pass at improving this text:

The goal of this chapter is to learn about the kinds of quantitative data that are being measured in biology and the models that can interpret these data. A good model overlooks some of the complexity of the biological system in order to be simple enough to be easily understood. But useful models make predictions, so they must include enough detail to do that. The art of model building lies in striking the proper balance between too little detail and too much. The first step in building a useful model is to learn the sizes, shapes, times, and energies of the biological system. Here we show how to estimate such things.

A second pass at improving this text:

The goal of this chapter is to learn about the kinds of quantitative data that are being measured in biology and the models that can interpret these data. A good model overlooks some of the biological complexity but includes enough detail to do make predictions. The first step in making useful models is to learn to estimate the sizes, shapes, times, and energies of representative biological systems.
This small scale study aims to find patterns and disparities in how non-linguists’ views on English dialectal differences in the United States. The study itself is influenced by the work of social psychologist Wallace Lambert on “matched guise” and by the work of Nancy Niedzielski and Dennis Preston on folk linguistics. In Wallace Lambert’s c1960s matched guise study—a method measuring language attitudes cited by Niedzielski and Preston—speech samples were produced by the same person but in different ways. For example, a single person might speak with different accents. In this work, Lambert presented a bilingual speaker who produced speech samples—one language per sample—in French and English. “Guise” here refers to the characteristics of a given language. Participants were asked to rate the French Guise and English Guise of the speaker. Participants were unaware that the samples were produced by the same speaker. Studies following this format have had a consistent split of ratings between Status and Solidarity.
This version addresses a mechanistic, realist worldview. That my present situation, which seems to be “this particular universe right now”, leads to multiple futures seems to violate the conservation of mass or energy (actually, energy is not conserved in cosmology). It is good to pick people up where they are at, so this version, aimed at engineers rather than linguists and philosophers, starts with established science: In the physicists’ empirically established, fundamental descriptions, a universe does not exist in some empty three dimensions called “the only space” as if there is therefore no more space for another universe, perhaps on grounds of that our universe is already infinitely large and so there is no space left for another one. Our cosmos produces its own space; space is “in” it not it in space. More generally speaking: If you start with the assumption that our “universe” is something that exists by itself without physics correlating it with other, different universes, then a universe can exist all by itself by assumption, all by itself from its own inside. So, therefore, by assumption, there is nothing that this world could do to stop any other possible alternative world from existing just like this one does, in its own inside, too! And this obviously also applies to all possible initial conditions and all possible gods and their choices when arranging initial conditions or whatever else you can suggest short of stamping on the ground and shouting “The absoluteness of the absolute is that it is just not relative from a next higher meta-level, praise the one and only, you shall have no one beside him!”

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Examples of mediocre writing and how to fix them

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In 2004, Ferron et al. [165] carried out molecular dynamics simulations relying on EAM interactions. They saw long jumps and rebound (re-crossing) jumps in self-diffusion on Cu(111) and claimed that at 500 K, 95% of jumps were correlated; at 100K this decreased to 50%. They continued their simulations using the DYNAMO code and atomic interactions derived from EAM potentials [166]. A number of correlated jumps, including atomic long events as well as ballistic transitions were identified at temperatures ranging from 7% to 55% of the melting temperature of copper, with the likelihood of correlations increasing with increasing temperature. Also observed was a linear increase of the characteristic jump length with temperature. The average distance covered by adatoms increased faster than expected for a random walk between nearest-neighbor sites.

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In 2004, Ferron et al. [165] carried out molecular-dynamics simulations relying on embedded-atom model (EAM) interactions. They saw long jumps and rebound (recrossing) jumps in self-diffusion on Cu(111) and claimed that at 500 K, 95% of jumps were correlated while at 100K only 50% were. They continued their simulations using the DYNAMO code and atomic interactions derived from EAM potentials [166]. They saw correlated jumps, including atomic long events and ballistic transitions, at temperatures ranging from 7% to 55% of the melting temperature of copper. The likelihood of correlations and the characteristic jump length increased with the temperature. The average distance covered by adatoms (adatoms) increased with time faster than expected for a random walk.
In this paper we will propose a model of Berezin integral as a literal limit of the Riemann sum that corresponds to surface integral. Thus, the fact that Berezin integral coincides with the derivative is a simple consequence of divergence theorem. The fact that Berezin integral doesn’t obey the scaling properties expected of ordinary integrals is attributed to the fact that the Berezin integral is claimed to give the expected value only if the volume enclosed by the sphere is $1/D$, where $D$ is the dimension of spacetime (sent to infinity at the end) and, therefore, the rescaled surface no longer gives the expected value of the integral. Finally, the Berezin integral can return scalar value due to the richer structure, referred to geometric algebra, that combines the anticommuting wedge product with the Clifford product. While the “finite” part of the integral has wedge product, as always, the product between “finite” and “infinitesimal” part is Clifford, which is what ultimately allows for the outcome to be a scalar.

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Buddhist architecture is defined by the presence of three particular structures; the *stupa* (the cosmic egg), the *vihara* (a monastery), and the *chaitya* (a prayer hall). Images of the Buddha are often times incorporated into the architecture through paintings and reliefs which differentiates it from Hindu caves. The Hindu caves exempted the Buddha for more deity-oriented representations such as Shiva and Ganesh. Unlike Hinduism and Buddhism, there seems to be no cave complexes dedicated entirely to Jainism. Instead, Hindu and Buddhist caves tend to have Jainist elements such as the *Ahimsa*.

To have sacred places carved into mountains is a testament to the mathematical prowess of the ancient Indians that constructed these caves, so much so that the methods the architects used to carve into the face of the cliff sides still baffles historians today. The intensity also speaks to the importance of the earth in the religions of India. These caves and their elements became a house for the supernatural as their careful attention to the way light plays with the inside highlights the importance of certain subjects. The warm tones of the paintings coupled with the round figure which it portrays accentuates the importance of lighting and the shape of the spaces. Although Buddhist architecture slowly lost its individuality as it adopted more Hindu doctrines, the survival of Ajanta speaks to the importance that Buddhism still has in Indian culture, separate of Hinduism.

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What makes a croissant so delectable? Not surprisingly, a croissant owes its wonderful flakiness to the fat which makes it — specifically the fat’s stress and strain characteristics, along with its overall structure. Braulio Rodriguez and Alejandro Marangoni of University of Guelph in Ontario, Canada studied exactly this.

They began by analyzing the stress and strain of croissants made with two different kinds of fat, roll-in and all-purpose. With a method that measured the material’s response to oscillations, called large amplitude oscillatory shear (LAOS), they plotted the stress by strain. The strain is presumably measured as a percentage of the croissant’s final length by the original length, while the stress is the applied pressure to the croissant. In these plots, the all-purpose-fat croissant exhibited a sharp peak in stress at low percentages or strain — suggesting a collapse of the internal structure — whereas the roll-in fat had a subtle peak and overall flat curve - no collapse. Therefore, while roll-in fats do not excel in effects on cardiovascular health, they at least demonstrate better textures for the croissant.

Images of the croissants’ structure were made through electron and x-ray scattering. The roll-in croissants had three main substructures. In the first nano-scale, the roll-in fats showed small platelets of the fatty triglyceride molecules and smooth platelet boundaries. In the second larger scale, these platelets created stout cylindrical crystal groups, which then created adhered to each other to create the clusters apparent in the third scale. The all-purpose fats had a similar first nano-scale, though these platelets were larger and had more rigid boundaries. Additionally, the all-purpose fats did not exhibit any complex structure beyond the first scale. Thus, these second and third structures present in roll-in fats could be the supporting factor in the stress-strain plot.

Rodriguez and Marangoni continue to analyze the fat structures of croissants in hope of finding alternative fats for the characteristic texture while avoiding the health risks.

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Examples of mediocre writing and how to fix them

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platelets created stout cylindrical crystal groups, which then created adhered
to each other to create the clusters apparent in the third scale. The all-
purpose fats had a similar first nano-scale, though these platelets were larger
and had more rigid boundaries. Additionally, the all-purpose fats did not
exhibit any complex structure beyond the first scale. Thus, these second
and third structures present in roll-in fats could be the supporting factor in
the stress-strain plot.

Rodriguez and Marangoni continue to analyze the fat structures of crois-
sants in hope of finding alternative fats for the characteristic texture while
avoiding the health risks.
Examples of mediocre writing and how to fix them

Raw text:

Special relativity offers incredible benefits to those interested in reaching a distant point in space. The star Betelgeuse is approximately 640 light years from earth, and the minimum travel time for anything coming to or from Betelgeuse, from an observer at rest on earth, is 640 years. However, things look quite different from the perspective of the traveler. For a star 640 light years away, using one Rocketdyne F-1 engine (7,700 kN thrust) strapped to some ship about the mass of a car, a system sitting at approximately 10,000 kg passenger included, this journey would take just under 98 days, with an acceleration of $770\text{m/s}^2$. This is incredible! Has this powerful rocket punched through the universal speed limit? Not by any measure! In fact, the journey has taken quite a long time to oversee from mission control: 640 years and 9 days. Nations have been born and have fallen, two thirds a millennium of human history passed while our explorer sat cozy in its ship for 3 or so months, all to reach a star that is a relatively near neighbor in our galactic neighborhood. Now let’s send our explorer to the center of the galaxy, to learn about Sagittarius A* and for the incredible view! Using the midpoint of distance approximations, the center of the galaxy lies about 26,000 light years from earth. With the same acceleration as before, to accelerate at a constant rate until the midpoint of earth and the center is reached before decelerating, the journey takes just over 131 days for our explorer! Back on earth, 26,000 years have passed, more time than four time the length of current recorded human history. This is unfortunate, perhaps if we increase acceleration, say, one thousand-fold, we’ll be able to see our friends and family once more. Lucky for our traveler, it only needs to wait four and a half hours to see the core, how exciting! Including time to reach the center, performing a day of experiments, and traveling home. About 52,000 years (and a day) have still passed back home. Humanity as the traveler once knew it is dust. This is the failure of the mechanics of special relativity to provide a reasonable road for galactic, or intergalactic travel to become possible.

A first pass at improving this text:

Special relativity offers incredible benefits to those interested in reaching a distant point in space. The star Betelgeuse is approximately 640 light years from earth, and the minimum travel time for anything coming to or from Betelgeuse, in the rest frame of an observer on earth, is 640 years. However, in the frame of a traveler in a 10,000 kg spaceship propelled by a Rocketdyne F-1 engine with 7,700 kN of thrust and an acceleration of $770\text{m/s}^2$, this journey would take just under 98 days. This is incredible! Has this powerful rocket punched through the universal speed limit? Not
by any measure! In fact, the journey has taken quite a long time to oversee from mission control: 640 years and 9 days. Nations have been born and have fallen, two thirds a millennium of human history has passed while our explorer sat cozily in a spaceship for 3 or so months, all to reach a star that is a relatively near neighbor in our galactic neighborhood. Now let’s send our explorer to the center of the galaxy, to learn about Sagittarius A* and for the incredible view! Using the midpoint of distance approximations, the center of the galaxy lies about 26,000 light years from earth. With the same acceleration as before, to accelerate at a constant rate until the midpoint of earth and the center is reached before decelerating, the journey takes just over 131 days for our explorer! Back on earth, 26,000 years have passed, more time than four time the length of current recorded human history. This is unfortunate, perhaps if we increase acceleration, say, one thousand-fold, we’ll be able to see our friends and family once more. Lucky for our traveler, it only needs to wait four and a half hours to see the core, how exciting! Including time to reach the center, performing a day of experiments, and traveling home. Yet about 52,000 years (and a day) still would have passed back home. Humanity as the traveler once knew it is dust. This is the failure of the mechanics of special relativity to provide a reasonable road for galactic or intergalactic travel to become possible.
Until a few years ago, most physicists believed that the exact or approximate symmetry groups of the world were (locally) isomorphic to direct products of the Poincaré group and compact Lie groups. This world-view changed drastically with the publication of the first papers on $SU(6)^1$; these raised the dazzling possibility of a relativistic symmetry group which was not simply such a direct product. Unfortunately, all attempts to find such a group came to disastrous ends, and the situation was finally settled by the discovery of a set of theorems$^2$ which showed that, for a wide class of Lie groups, any group which contained the Poincaré group and admitted supermultiplets containing finite numbers of particles was necessarily a direct product.
Fate of the false vacuum: Semiclassical theory
Sidney Coleman [Phys. Rev. D 15(10), 2929 (1977)]

It is possible for a classical field theory to have two homogeneous stable equilibrium states with different energy densities. In the quantum version of the theory, the state of higher energy density becomes unstable through barrier penetration; it is a false vacuum. . . .
This is the first of two papers developing the quantitative theory of the decay of such false vacuums . . .
The qualitative features of such decay processes have long been understood. They closely parallel the nucleation processes of statistical physics, the crystallization of a supersaturated solution or the boiling of a superheated fluid. Imagine Fig. 1 to be a plot of the free energy of a fluid as a function of density. The false vacuum corresponds to the superheated fluid phase and the true vacuum to the vapor phase. Thermodynamic fluctuations are continually causing bubbles of the vapor phase to materialize in the fluid phase. If the bubble is too small, the gain in volume energy caused by the materialization of the bubble is more than compensated for by the loss in surface energy, and the bubble shrinks to nothing. However, once in a while, a bubble is formed large enough so that it is energetically favorable for the bubble to grow. Once this occurs, the bubble expands until it converts the available fluid to vapor.

An identical picture describes the decay of the false vacuum, with quantum fluctuations replacing thermodynamic ones. Once in a while, a bubble of true vacuum will form large enough so that it is classically energetically favorable for the bubble to grow. Once this happens, the bubble spreads throughout the universe converting false vacuum to true.
Oppositely electrically or magnetically charged point particles attract at all distances. However, it is not obvious that this is also true for extended objects, like the magnetic monopoles discovered in spontaneously broken gauge theories by 't Hooft [1] and Polyakov [2]. Certainly the long-range part of the force between these objects is attractive, but one might suspect a short-range repulsion when their cores overlap. In this paper we show that this suspicion is groundless: oppositely charged 't Hooft-Polyakov monopoles attract at all distances, just like point particles. The most surprising part of this result is how easy it is to prove.

We stress that our proof is for 't Hooft-Polyakov monopoles as extended objects in classical field theory; we have nothing to say about quantum effects. Also, our proof is for the original 't Hooft-Polyakov monopoles only, the objects that arise in the theory of a triplet of real scalar fields with spontaneously broken SO(3) gauge symmetry. We shall discuss possible generalizations to other cases after we give the proof.
A MODEL OF LEPTONS
Steven Weinberg
PRL 19(21), 1264 (1967)

Leptons interact only with photons, and with the intermediate bosons that presumably mediate weak interactions. What could be more natural than to unite these spin-one bosons into a multiplet of gauge fields? Standing in the way of this synthesis are the obvious differences in the masses of the photon and intermediate meson, and in their couplings. We might hope to understand these differences by imagining that the symmetries relating the weak and electromagnetic interactions are exact symmetries of the Lagrangian but are broken by the vacuum. However, this raises the specter of unwanted massless Goldstone bosons. This note will describe a model in which the symmetry between the electromagnetic and weak interactions is spontaneously broken, but in which the Goldstone bosons are avoided by introducing the photon and the intermediate-boson fields as gauge fields. The model may be renormalizable.
Examples of good writing
The Quantum Theory of Optical Coherence
Roy J. Glauber
Phys. Rev. 130(6), 2529 (1963)

We are led then to distinguish among various orders of incomplete coherence, according to the number of conditions satisfied. The fields traditionally described as coherent in optics are shown to have only first-order coherence. The fields generated by the optical maser, on the other hand, may have a considerably higher order of coherence. . . .

It would hardly seem that any justification is necessary for discussing the theory of light quanta in quantum theoretical terms. . . .

Coherent and Incoherent States of the Radiation Field
Roy J. Glauber
Phys. Rev. 131(6), 2766 (1963)

Methods are developed for discussing the photon statistics of arbitrary radiation fields in fully quantum-mechanical terms. In order to keep the classical limit of quantum electrodynamics plainly in view, extensive use is made of the coherent states of the field. These states, which reduce the field correlation functions to factorized forms, are shown to offer a convenient basis for the description of fields of all types. Although they are not orthogonal to one another, the coherent states form a complete set. It is shown that any quantum state of the field may be expanded in terms of them in a unique way. Expansions are also developed for arbitrary operators in terms of products of the coherent state vectors. These expansions are discussed as a general method of representing the density operator for the field. A particular form is exhibited for the density operator which makes it possible to carry out many quantum-mechanical calculations by methods resembling those of classical theory. This representation permits clear insights into the essential distinction between the quantum and classical descriptions of the field. It leads, in addition, to a simple formulation of a superposition law for photon fields. Detailed discussions are given of the incoherent fields which are generated by superposing the outputs of many stationary sources. These fields are all shown to have intimately related properties, some of which have been known for the particular case of blackbody radiation.
At last I was taking my leave. Suddenly Einstein turned and called “Wait. Wait. I must show you my birthday present.” Back in the study I saw Einstein take from the corner of the room what looked like a curtain rod five feet tall, at the top of which was a plastic sphere about four inches in diameter. “You see,” said Einstein, “this is designed as a model to illustrate the equivalence principle. . . . ” A big grin spread across his face and his eyes twinkled with delight as he said, “And now the equivalence principle.” Grasping the gadget in the middle of the long brass curtain rod, he thrust it upwards until the sphere touched the ceiling. “Now I will let it drop,” he said, “and according to the equivalence principle there will be no gravitational force. So the spring will now be strong enough to bring the little ball into the plastic tube.” With that he suddenly let the gadget fall freely and vertically, guiding it with his hand, until the bottom reached the floor. The plastic sphere at the top was now at eye level. Sure enough, the ball rested in the tube.
Examples of good writing

Indictment
Special Counsel Mueller
https://www.justice.gov/file/1035477/download

Use of U.S. Computer Infrastructure

39. To hide their Russian identities and ORGANIZATION affiliation, Defendants and their co-conspirators—particularly POLOZOV and the ORGANIZATION’s IT department—purchased space on computer servers located inside the United States in order to set up virtual private networks ("VPNs"). Defendants and their co-conspirators connected from Russia to the U.S.-based infrastructure by way of these VPNs and conducted activity inside the United States—including accessing online social media accounts, opening new accounts, and communicating with real U.S. persons—while masking the Russian origin and control of the activity.

40. Defendants and their co-conspirators also registered and controlled hundreds of web-based email accounts hosted by U.S. email providers under false names so as to appear to be U.S. persons and groups. From these accounts, Defendants and their co-conspirators registered or linked to online social media accounts in order to monitor them; posed as U.S. persons when requesting assistance from real U.S. persons; contacted media outlets in order to promote activities inside the United States; and conducted other operations, such as those set forth below.

Use of Stolen U.S. Identities

41. In or around 2016, Defendants and their co-conspirators also used, possessed, and transferred, without lawful authority, the social security numbers and dates of birth of real U.S. persons without those persons’ knowledge or consent. Using these means of identification, Defendants and their co-conspirators opened accounts at PayPal, a digital payment service provider; created false means of identification, including fake driver’s licenses; and posted on ORGANIZATION-controlled social media accounts using the identities of these U.S. victims. Defendants and their co-conspirators also obtained, and attempted to obtain, false identification documents to use as proof of identity in connection with maintaining accounts and purchasing advertisements on social media sites.
All Cells Replicate Their Hereditary Information by Templated Polymerization

The mechanisms that make life possible depend on the structure of the double-stranded DNA molecule. Each monomer in a single DNA strand—that is, each nucleotide—consists of two parts: a sugar (deoxyribose) with a phosphate group attached to it, and a base, which may be either adenine (A), guanine (G), cytosine (C) or thymine (T) (Figure 1–2). Each sugar is linked to the next via the phosphate group, creating a polymer chain composed of a repetitive sugar-phosphate backbone with a series of bases protruding from it. The DNA polymer is extended by adding monomers at one end. For a single isolated strand, these can, in principle, be added in any order, because each one links to the next in the same way, through the part of the molecule that is the same for all of them. In the living cell, however, DNA is not synthesized as a free strand in isolation, but on a template formed by a preexisting DNA strand. The bases protruding from the existing strand bind to bases of the strand being synthesized, according to a strict rule defined by the complementary structures of the bases: A binds to T, and C binds to G. This base-pairing holds fresh monomers in place and thereby controls the selection of which one of the four monomers shall be added to the growing strand next. In this way, a double-stranded structure is created, consisting of two exactly complementary sequences of As, Cs, Ts, and Gs. The two strands twist around each other, forming a double helix (Figure 1–2E).

Figure 1–2 DNA and its building blocks. (A) DNA is made from simple subunits, called nucleotides, each consisting of a sugar-phosphate molecule with a nitrogen-containing sidegroup, or base, attached to it. The bases are of four types (adenine, guanine, cytosine, and thymine), corresponding to four distinct nucleotides, labeled A, G, C, and T. (B) A single strand of DNA consists of nucleotides joined together by sugar-phosphate linkages. Note that the individual sugar-phosphate units are asymmetric, giving the backbone of the strand a definite directionality, or polarity. This directionality guides the molecular processes by which the information in DNA is interpreted and copied in cells: the information is always "read" in a consistent order, just as written English text is read from left to right. (C) Through templated polymerization, the sequence of nucleotides in an existing DNA strand controls the sequence in which nucleotides are joined together in a new DNA strand. T in one strand pairs with A in the other, and G in one strand with C in the other. The new strand has a nucleotide sequence complementary to that of the old strand, and a backbone with opposite directionality, corresponding to the GTA... of the original strand, it has ...TAC. (D) A normal DNA molecule consists of two such complementary strands. The nucleotides within each strand are linked by strong (covalent) chemical bonds; the complementary nucleotides on opposite strands are held together more weakly, by hydrogen bonds. (E) The two strands twist around each other to form a double helix—a robust structure that can accommodate any sequence of nucleotides without altering its basic structure.

Figure 4.1 Page 37 of Molecular Biology of the Cell, 5th edition, by Bruce Alberts, Alexander Johnson, Julian Lewis, Martin Raff, Keith Roberts, and Peter Walter.
Odds and ends

Avoid *hopefully*, which means *in a manner full of hope*. It does not mean *I hope*.

The word *there* is an adverb meaning *in that place*. It cannot be the subject of a sentence.

Who made this decision? [here, who is the subject of the sentence]

Whom do you think we should support? [here, whom is the object of support]

To whom do you wish to speak? [here, whom is following the preposition to]

The man whom you met yesterday is coming to dinner.

The children, who had been as good as gold, then suddenly started misbehaving.

The people to whom the funds were supposedly directed benefited little from them.

The Millennium Stadium accommodates 72,500 spectators, all of whom are seated.

Congratulations to all the winners, most of whom are definitely reading this blog!

*That* and *which*: Use *that* to refer to a thing that is being defined or specified, for example, This is the house that Jack built. Use *which* to refer to something without defining it, for example, A table of contents would have made it easier to use this history book, which also lacks maps.

They got into the van, which had Ohio plates. [nonrestrictive]

I was driving the van that had Ohio plates. [restrictive]

Use of subjunctive

It’s okay to split infinitives.

This is something up with which I will not put. [Churchill]
A **noun** is a person, place, or thing.

A **pronoun** is a word that represents a noun in some way. The words *I, me, mine, he, him, his, she, her, hers, ...* are pronouns. The words *that, which, who, anything, myself* are or can be pronouns.

An **article** tells us how unique a noun is. The articles are *a, an, the*; they stand before the noun they modify.

An **adjective** describes a noun or a pronoun. Adjectives may precede their nouns or follow them and a form of the verb *to be*.

A **verb** is a word that denotes action or a state of being.

An **adverb** is a word that describes a verb, an adjective, or an adverb.

A **conjunction** is a word that joins words or sentences (often with the help of a comma). Examples are *and, but, for, or, nor, so, yet*. But other words such as *that* can be conjunctions (He said that she was nice.)

A **preposition** combines with an article and a noun to form a phrase that describes a verb, noun, pronoun, or adjective.

From the first page of *War and Peace* by Leo Tolstoy:

> He was wearing an embroidered court uniform, stockings, shoes, and stars, and had a bright expression on his flat face.

> He spoke that refined French in which our grandparents not only spoke but thought, and with those quiet, patronizing intonations which are proper to a significant man who has grown old in society and at court. He went over to Anna Pavlovna, kissed her hand, presenting her with his perfumed and shining bald pate, and settled comfortably on the sofa.

In these three sentences, Tolstoy used only a single adverb.
Parts of speech

Verbs have many forms. They can be active (Jack saw Mary in class) or passive (Mary was seen in class). Be, do, have are auxiliary verbs. A participle is a word formed from a verb, usually by the addition of d, ed, or ing.
Here are some sentences using concepts we discussed last week:
Here are some sentences that involve concepts we discussed last week:

He smiled condescendingly at her, thinking he knew what was best.
Many supernovae bewildered ancient civilizations with their brilliance, which was sometimes even apparent in the morning sky.
Many supernovas bewildered ancient civilizations with their brilliance; some were so bright as to be apparent in the morning sky.

Optics and photonics - one in the same thing, really.
Optics and photonics - one and the same thing, really.

How do you truly measure the beginning of the Universe?
How do you truly measure the beginning of the universe?

He stood at the chalkboard, madly writing and scribbling equations. The students watched—confused, but intrigued.
He stood at the chalkboard, madly writing and scribbling equations. The students watched—confused, but intrigued.

The tea steamed, the laptop keys clicked, but all that night none of their MATLAB codes worked.
The tea steamed, the laptop keys clicked, but all that night none of the MATLAB codes worked.

As they started dinner at the campsite, it began to snow more and more heavily. They worried they would have to go home soon.
As they started dinner at the campsite, it began to snow more and more heavily. They worried they would have to go home soon.
heavily. They worried that they would have to go home soon.

The rocket car zipped across the regener lecture hall, ejecting many pounds of CO2 behind it as it went.
The rocket car zipped across Regener lecture hall, ejecting many pounds of CO2 behind it as it went.

Dr. Manjavacas spared those whom registered for physics day. As for the others, their fate was unclear but certainly doomed.
Dr. Manjavacas spared those who registered for Physics Day. The fate of the others was unclear.

how important following some of these rules are in professional scientific papers and articles.
how important it is to follow some of these rules in professional scientific papers and articles.
John Eastwood’s *Oxford Guide to English Grammar* is freely available online. A link is on the class website.